



Every cat & every household is different. You may not want your cat to go outside for environmental reasons; cats with a lack of pigmentation on their ears and noses should not go outside as the sun can affect their health.

All cats should be kept in at night, so if they go outdoors during the day you need establish a routine of bringing them in for their evening meal and then closing the door until morning.

We strongly advise that you keep kittens indoors until they are at least 6 months old. If they are any younger than this they're more likely to run off or be involved in a road accident. They are also less robust and might not be able to cope with the challenges of the outside world until they are a little older.

The indoor cat

Cats are much safer if kept inside - you don't have to worry about them catching parasites & diseases and they can't get into fights or be injured on the road. However if you keep your cat indoors you need to think about keeping it mentally active so it doesn't become frustrated.

If you want to keep your cat inside all the time there's no reason why a formerly outdoor cat can't turn into an indoor cat if you make sure they are stimulated with other things.

The indoor/outdoor cat

If your cat has been allowed access to the outdoors in a former home you may want to allow them out during the day. However because they are new to your area, you will need to re-introduce them gradually to your outdoor environment. Before you let your cat out you should be confident that you have also established a strong feeding routine which includes calling your cat by name to be fed. You might want to take your cat outside on a harness at first and then let them out for only short periods whilst you supervise. The best time to train your cat is when it's hungry so when you call it comes back for food. From time to time call it back and reward it with a high value treat such as chicken so it starts to associate you with nice things.

All cats whether inside or inside/outside need to be stimulated mentally:

Scratching post - all cats need one - they are great for climbing, stretching, scratching & maintaining claws.

Indoor cats usually like to look out of windows at the world going by, so if you can position your scratching post by a window this is ideal. Make sure the post is stable, has different levels and the platforms are large enough for your cat to sit on.

Play sessions - several sessions throughout the day are good but especially beneficial before bedtime. Try different kinds of toys as cats have preferences. Try making home-made toys but you need to be careful that your cat can't swallow any parts or hurt themselves.

Cat grass & cat mint can provide sensory excitement for cats - but it depends on the cat

Food puzzles are good for slowing down the eating process if your cat guzzles its food. They also improve problem solving skills and keep your cat occupied & occupied.

Teach your cat to wear a harness and take it for short walks outside so it can see and smell new things.

Try clicker training - some cats respond really well to this

All cats are different and will respond in different ways depending on age and personality. Get to know your cat and its preferences.

If you have any questions or need more information please contact us.